

Whistler Alpine Snowboard Ultimate Groups 101

Summary: Daily adult group intermediate and advanced lessons - Full day lessons only

Check in time: 9:25am

Check in location: Whistler alpine hut

Morning staff meeting time: 9:30am

Guests arrive: 9:45am

Lesson finishes: 3pm

Greeter/Organizer - meets/checks in guest and assigns students to level

Warm up/Assessment Run - 9:50am

- NO TEACHING ON WARM UP RUN!
- One instructor leads and one tail gun. Any additional instructors to float in the middle of the group
- Level 4's ride down Ego Bowl, stop at top of second steep pitch on left hand side (pitch above Pig Alley)
- Level 5/6 Upper Whiskey Jack to Ego Bowl off piste, then meet Level 4 group at top of second steep pitch incase have to move student to another level (up or down)
- Instructor to split groups and assign an instructor before getting on the chair
- Check back in at the hut to pick up any late arrivals

Sign out with Supervisor/Coordinator, give your name, lesson level and number of students (this is how we trigger paying you so it's IMPORTANT).

Lunch

- Have lunch with your guests
- Their skill level will determine where is appropriate. Eg, High 4 minimum for Dustys and Crystal Hut. Mid 4 for Glacier Creek.

Lesson finishes at 3pm

Challenges

- Determining the student level can be challenging as they might underestimate or overestimate themselves. So, on the warm up make sure to meet the other levels to move students if needed so they have time on the same run to make sure of the fit.
- Some guests may not have ridden in several years so may take longer to warm up and show their true ability, so you may have to shuffle the groups again at the end of the run.
- You may have to deal with a small split in your class occasionally if no other groups at that level.

- Determining your group level and goals before coming back to the hut will help to fit in any latecomers.

Injuries

- Student gets injured: contact patrol, get photo of RFID pass, you may continue with lesson when patrol doesn't need you anymore; fill out Incident Report Form (available in Springs on the safety board) at end of day.
- Instructor gets injured: Call Patrol if urgent. Contact the supervisor on duty as soon as possible. You **MUST** visit First Aid Room upstairs in the Springs building before going home if patrol isn't needed.

Ultimate Groups Alpine Levels

(for instructors)

Note: When the guest numbers are low the groups will have a wider range of ability. Eg, entry and mid 4's can go together, mid and high 4's can go together etc. Park lessons can be mixed riding ability (minimum high 4) but similar park experience.

Level 4

- *Entry* - Comfortable linking turns on green terrain. Working on turns on blue terrain.
- *Mid* - Comfortable linking turns on most blue terrain, working on steeper blue groomed terrain
- *High* - Comfortable linking turns on all blue groomed terrain, working on easier black terrain.

Level 5

- *Entry* - Comfortable linking turns on all blue and easy black groomed terrain. Starting to link turns in mellow bumps and trees. Working on shorter turns and entry level carving (isolated turns).
- *Mid* - Comfortable linking turns on all blue and most black groomed terrain. Working towards steeper black terrain. Linking turns in mellow bumps and trees.
- *High* - Comfortable riding black groomed terrain. Working on bumps/trees and small drops (<5ft).

Level 6

- Comfortable riding black groomed terrain, most trees and bumps. Working towards double black terrain, larger drops.

Contacts

	Mobile	Office	Email
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